AN EVERYDAY HALTER BRALETTE

NOELLE
AN EVERYDAY HALTER BRALETTE
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01: ABOUT MADALYNNE INTIMATES

Madalynne Intimates is the manifestation of Maddie Flanigan’s passion for sewing and teaching lingerie. She is the founder and owner, and her budding brand offers ready made bras, bralettes, underwear, and bodysuits, as well as DIY lingerie kits, lingerie sewing patterns, and bra making workshops. Every piece is designed at Madalynne Studios and either assembled in Philadelphia or sewn in Brooklyn; made in the USA being important to the brand. Overall, Madalynne’s overarching vision is to provide women with well fitting intimates that support more than just your shape. From a floral lace halter bralette to a cheeky underwear, intimates that lift your personal style. At the same time, intimates worth baring.

Included in this packet is the Noelle halter bralette pattern. Short sewing instructions and style inspiration are included as well.
Noelle is an everyday halter bralette. The bralette features a racerback, adjustable shoulder straps and a wide bottom band. It is fully lined to add support and comfort, and is finished with picot elastic. Bralette is available in sizes XS-L.

Like many women these days, Noelle can be many things. It was inspired by one of Maddie’s favorite me-made lingerie pieces and can be worn as true lingerie, a layering piece underneath a button down blouse or a V-neck sweater, or even a crop top. Its casual style also makes it a great option for loungewear, a sleep bra and even a comfy option for yoga.
03: SUPPLIES NEEDED

5/8 YD MAIN FABRIC: This is the fabric that will be used for the outer layer of the bralette. Pattern was designed to be made with fabric that has 30-40% stretch. Recommended fabrics include stretch lace, stretch mesh, jerseys, or any fabric with 4-15% spandex.

5/8 YD LINING: This is the fabric that will be used to line the bralette. Pattern was designed to be made with lining that has 30-40% stretch. Recommended linings include stretch mesh, micro mesh and power net.

3 YDS PICOT PLUSH ELASTIC 1/4” OR 3/8” WIDE: This elastic will be used to finish front neckline, armhole, and underbust seam of the bralette.

2 YDS PICOT PLUSH ELASTIC, 1/2” OR WIDER: This elastic will be used to finish the bottom of the bralette. The wider and firmer the elastic, the more support it will give the bralette.

1 YD SHOULDER STRAP ELASTIC, 3/8” WIDE: This elastic will be used to for the straps of the bralette.

1 RING 5/8” WIDE, 2 SLIDERS 3/8” WIDE: The rings and sliders will be sewn to the shoulder strap elastic. The width of sliders should be the same as the width of the shoulder strap elastic.
BALLPOINT NEEDLE: Which type of needle you use depends on the type of fabric. For most stretch laces, stretch meshes, jerseys and similar stretch fabrics, suggested to use a ballpoint, stretch or microtex needle, size 11, 12 and/or 14.

ODIF'S 505 SPRAY: Optional, but highly suggested. Used mostly to spray baste main fabric to lining prior to cutting, but also used during sewing in lieu of pins. My favorite brand is Odif's 505 - no drying time and does not gum up on needles.

PINS: Regular pins are okay to use. You do not need special pins.

28MM ROTARY CUTTER: You can use regular scissors, but I suggest using a rotary cutter to get the most precise cut.

POLYESTER THREAD: As opposed to cotton thread, polyester thread has give. So it will stretch slightly with your fabric.
PRINT PATTERN: Be sure that your printer settings are not set to scale or zoom and that you are printing at 100%. To ensure you’re printing the right size, first print out the page with the test square then measure to ensure the square is 2” x 2”. If it isn’t, you may need to adjust your printer settings.

SEAM ALLOWANCES: All seam allowances are 1/4” unless stated otherwise.

FIND YOUR SIZE: Determine your size using the size chart below. If you are between sizes, I suggest sizing UP. Generally, if you normally wear a 28/30 band, choose an X-SMALL, a 30/32 band - a SMALL, a 34/36 band - a MEDIUM, a 38 band - a LARGE.

<table>
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<th>BRALETTE</th>
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<td>FULL BUST (ACROSS THE FULLEST PART OF THE BREAST)</td>
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**05: CUTTING + DIRECTION OF STRETCH**

**CUT PATTERN:** Follow the instructions to print your pattern. Even though the directions state it, be sure that your test square measures 2” x 2”. After, use a pair of paper scissors or a rotary cutter to cut along the black line on the right or the left edge. Then, overlap or butt the sheets together so that the circles align. Tape together. Refer to the 3 photos below for reference. Next, find and cut out your size using the size chart.

**CUT FABRIC:** Cutting fine fabrics such as stretch mesh and lace can be really difficult. It’s like cutting chiffon – lots of shifting! To make it easier, use a temporary spray adhesive such as Odif’s 505 to spray baste the main fabric and the lining fabric together prior to cutting. See photo below. You won’t permanently adhere them – the glue will wear off in a short amount of time and/or during washing.

If you spray baste, I suggest cutting and sewing within a few days because if not, the glue will wear off and what you did was just a waste of time. For Barrett, spray baste the self and the lining for the center front cups only. Leave the lining and the self for the side cups and the back band NOT GLUED. You’ll see why later.

**DIRECTION OF STRETCH:** In a woven fabric, grainline indicates the direction of the fabric that has the least amount of stretch. In most cases, patterns are aligned with this line. In bra making, patterns are cut according to the direction of greatest stretch (DOGS). So, when looking at the pattern for Noelle, lines with arrows indicate DOGS, not grainline.

To find the DOGS on your fabric, pull lengthwise and crosswise. What has more stretch? On stretch fabrics, there is either a stretch in one direction, called a 2-way stretch, or a stretch in all directions, called a 4-way stretch.

If you’re using a 2-way stretch fabric for your Barrett, make sure that the DOGS lines on the pattern align with the direction of your fabric that stretches MORE for both SELF and LINING. If you’re using a 4-way stretch, you can you disregard the lines and cut in any direction.
NOELLE BRALETTE
FRONT BTM BAND
CUT 2
SELF AND LINING
SIZES XS-L

DIRECTION OF GREATEST STRETCH

test square
2”x 2”

--- X-SMALL
--- SMALL
--- MEDIUM
--- --- LARGE
STEP 1: With right sides together, sew bust darts by folding dart in half and pinning in place along dart legs. Sew from bottom edge to dart point. At dart point, sew off fabric and leave a long thread tail. Tie in a knot to secure. Be sure not to pull the knot tight against the fabric as it will cause puckering.

STEP 2: With right sides together, sew front halter (bodice) to racerback at side seam using a straight stitch. Sew front bottom band to back bottom band at side seam as well using a straight stitch. If using a fabric that doesn’t fray (i.e. stretch mesh or stretch lace), you can leave seam allowances raw. You can also serge seam allowances if you have a serger.

STEP 3: Attach elastic at neckline and underarm. It doesn’t matter which order you attach, but I prefer sewing at neckline first, then underarm.
- With right side of fabric facing up, place 3/8” elastic on top so that it extends past fabric’s edge 1/8”. The picot edge should face inward (towards the fabric) and the plush side should face up.
- Sew along the picot edge with a zigzag stitch. Stitch width and length will vary from machine to machine, but a good rule of thumb is stitch width should not exceed half the width of the elastic. Try to stitch as close as possible to picot without going off the edge.
- After you’ve sewn the first pass, flip elastic to the wrong side and sew the edge opposite the one you just sewed using a zigzag stitch.

Elastic comes in different widths, quality and amounts of stretch. Some calculate the amount to pull (i.e. reducing the length by 15%), but most of the time, I set elastic flat, meaning I do not pull elastic while sewing.

STEP 4: Sew bodice (front halter + racerback) to bottom band using a short zigzag stitch. Stitch width and length will vary according to machine. To finish seam allowance:
- Push seam allowances down
- With wrong side of bra facing out, cover seam allowances with 3/8” picot/plush elastic and sew using a wide zigzag
- Overlap elastic ½” at ends and trim close to stitching

STEP 5: Attach ½” elastic at bottom band the same way as it was done in step 3.

STEP 6: Loop ring around top racer back. Fold back and secure by sewing back and forth using a short straight stitch (approximately 2mm stitch length).

STEP 7: Make and attach straps:
- Cut two strips of strap elastic, each 15” long.
- Feed one end of strap up through the bottom of one slider, then over the center bar and down through the other side. It should look like a belt buckle, with one short end and one long end.
- Fold the short side down and secure by sewing back and forth using a short straight stitch (approximately 2mm stitch length). Trim close to stitching.
- Loop through ring at top racer back.
- Weave long side up and over center bar of the slider just like in step 2.
- Overlap strap and strap point ½” and secure by sewing back and forth using a short straight stitch (approximately 2 mm stitch length). To prevent straps from shifting during sewing, use a temporary spray adhesive such as Odif’s
One of the best aspects of having this blog is being able to share what I’ve learned. It has been so much fun and fulfilling to see everyone’s Madalynne me-mades. The Noelle can be worn as true lingerie, a layering piece, or even a crop top? Its casual style makes it a great option for yoga too! Just look at all the ways these ladies are rocking their Noelle!
share your Noelle on Instagram - use hashtag #bramakingwithmadalynne
Did you know? Madalynne has 6 other lingerie patterns + 1 bodysuit pattern with Simplicity. Visit www.madalynne.com for more information and to shop the patterns and sewing kits.